

# Take Extra Care

## Smoke alarms



Fit it



Test it

- Fit smoke alarms to every level of your home
- Push the button once a week to check the batteries are working

## Escape plans



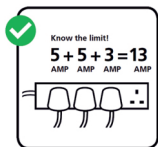
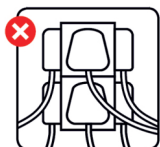
- Make an emergency escape plan in advance
- Keep exits clear

## Cooking



- Never leave cooking unattended
- Check the oven/hob is switched off when you've finished

## Electrical safety



- Don't overload sockets - only use one plug per socket
- Always switch off plugs when they are not in use (unless they are designed to be left on e.g. freezers)

## Smoking



- Make sure cigarettes are properly extinguished 'put it out, right out'
- Never smoke in bed - you might fall asleep and never wake up

**ROYAL BERKSHIRE**  
**FIRE AND RESCUE SERVICE**

For more advice on how to keep safe visit [www.rbfrs.co.uk](http://www.rbfrs.co.uk)