



## **Understanding of the World**

Do some cooking at home. Look at the ingredients and discuss how they change when they are mixed or cooked.

Look at environmental changes as Winter begins.

Ask family members about their jobs and what they do.

## **Literacy**

Practise the phonic sheets. Learn the sound & action and practise blending sounds together.

Continue to read lots of different stories. Talk about what is happening, how the characters are feeling and what might happen next.

Explore some reading and phonics websites.



## **Personal, Social and Emotional Development**

Encourage your child to look after their own belongings.

Learn how to turn inside out clothes the right way round.

Learn a new board or card game, be able to cope with losing!

Start a tricky jigsaw puzzle as a family and add to it each day.



## **Communication and Language**

Sing counting songs, nursery rhymes.

Listen to sounds when out on walks.

Act out your favourite story.

Give and follow instructions when making a model.



## **Expressive Arts and Design**

Cut out snowflakes.

Paint a picture of someone who helps us i.e. firefighter, police officer.

Clap along to the beat of your favourite songs.

## **Physical**

Continue to practice zipping up coats and doing up buttons.

Continue to practice using scissors.

Use pencils and pens for lots of mark making, writing and drawing.

Get active - ride your bike or scooter, go on a walk or run.

Help to peg out the washing.



Foundation Stage  
People Who Help Us  
Home Learning Sheet



## **Mathematics**

Continue to count and sort collections of objects at home. Encourage accurate counting by touching each object, lining them up or moving them.

Look for 'teen' numbers on doors, number plates etc.

Look for and name shapes all around, both 2D and 3D.

Practise the number formation rhyme.

Play lots of dice games, learning the different dice patterns of each number.