

# Safe Journey

**Help make driving on Berkshire roads safer.**

The best way to deal with Road Traffic Collisions is to stop them from happening in the first place. You can help to make Berkshire roads safer for you and your family by following our top tips.

1. Reduce your speed and give yourself time to react - you never know what's just around the corner.
2. Never use your mobile phone when driving, pull over somewhere safe before making or taking a call.
3. Always wear your seatbelt and make sure your passengers are wearing theirs.
4. Keep your distance - remember the two second rule and leave plenty of space between you and the vehicle in front.
5. If you feel tired take a break, especially on long journeys - driving whilst tired could be lethal.
6. Be extra vigilant for motorcyclists - it is not easy to judge their speed and they can be hidden from view behind a tree, lamp post or bend.
7. Drive for the conditions - in wet weather stopping distances will be at least double those required for stopping on dry roads.
8. Regularly check the tread and pressure of your tyres, that all your lights work, and the condition of your windscreen and wipers.
9. Do not drink and drive - if you are out drinking remove the question of driving from the equation, it's not worth the risk, book a taxi, catch the bus or get a lift from a designated driver.
10. Do not pile up your car - store luggage securely as loose objects can become lethal objects when braking.

