



Understanding of the World

Do some cooking at home. Look at the ingredients and discuss how they change when they are mixed or cooked.

Look at environmental changes as Winter begins.

Ask family members about their jobs and what they do.

Talk about what to do in an emergency at home. Make a fire escape plan.



Personal, Social and Emotional Development

Encourage your child to look after their own belongings.

Learn how to turn inside out clothes the right way round.

Learn a new board or card game, be able to cope with losing!

Start a tricky jigsaw puzzle as a family and add to it each day.



Communication and Language

Sing counting songs, nursery rhymes.

Listen to sounds when out on walks.

Act out your favourite story.

Give and follow instructions when making a model.



Expressive Arts and Design

Cut out snowflakes.

Paint a picture of someone who helps us i.e. firefighter, police officer.

Clap along to the beat of your favourite songs.

Physical

Continue to practice zipping up coats and doing up buttons.

Continue to practice using scissors.

Use pencils and pens for lots of mark making, writing and drawing.

Get active - ride your bike or scooter, go on a walk or run.

Help to peg out the washing.



Foundation Stage
People Who Help Us
Home Learning Sheet



Mathematics

Continue to count and sort collections of objects at home.

Encourage accurate counting by touching each object, lining them up or moving them.

Look for 'teen' numbers on doors, number plates etc.

Look for and name shapes all around, both 2D and 3D.

Play lots of dice games, learning the different dice patterns of each number.