

RELATIONSHIPS

Jigsaw Jack's Journey

How can I build positive, healthy relationships?

family
belong
friendship



I will explore...

- how it feels to belong to a family
- how to make a new friend
- different forms of physical contact and how they make me feel
- what to do if I need help and how to ask for it
- how to praise myself

I will learn about...

- different types of families
- what it means to be a good friend
- appropriate ways to greet my friends
- who I can ask for help from within my school community
- my qualities as a person and as a friend
- who is special to me

kind
caring
greeting
praise

feelings
like
dislike
proud

self-belief
special
qualities